## ESSENTIAL MOUNTAINEERING GEAR LIST

As you continue on your mountaineering journey, you will bulk up your mountaineering gear set. If you're just starting out, or re-equipping yourself from scratch, these are the essential pieces of gear you cannot be without.

ESSENTIAL CLIMBING GEAR	ESSENTIAL SAFETY GEAR
O Ice Axe	Extra Dry Clothes
○ Crampons	Headlamp
Mountaineering Boots (Insulated for Winter)	Fire Materials
O Climbing Helmet	Extra Food/Water
O Climbing Harness	☐ Knife
Carabiners (5 Locking 6+ Non Locking	Navigation (GPS, Map,
O Climbing Rope	Compass, Beacon, SAT)
○ Backpack	Sunscreen
ESSENTIAL LIVING GEAR	☐ Emergency Shelter
O Portable Stove	First Aid Kit
Sleeping Bag & Pads	Avalanche Safety Kit
○ Water Bottles/Bladders	Crevasse Rescue Kit

## WATER PURIFICATION:

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Water purification is necessary to avoid getting sick on the mountain. Boil water/snow for at least 3 min. Or use water purification tablets, pump filters, or a UV Purifier

## Check out these articles:

How to Understand Avalanche Conditions
General Mountain Safety Tips for Hikers
Essential Gear to Pack for Cool Weather Hiking

## Where to Get Climbing Gear on a Budget

- REI Outlet, Steep & Cheap (by Backpacker), Amazon, Sierra Trading Post
- **Small Accessories:** TJMaxx, HomeGoods, Marshalls (Sporadic)
- Rent At: REI, Alpine Institute, Climbingrentals.com
- Buy Used: REI Good & Used, Mountain Project Forum - For Sale, Mountain Equipment Co-Op (Canada), Cascade Climbers, Gear Traders.

